

# Reiki with Betsy

## Are You Curious About Reiki?



- ENCOURAGES BALANCING IN YOUR BODY
- COMBINES WELL WITH OTHER INTERVENTIONS
- REDUCES STRESS
- IS ALWAYS SAFE
- CAN IMPROVE SLEEP, BREATHING AND DIGESTION

Contact Reiki Master [betsydoula@gmail.com](mailto:betsydoula@gmail.com) to book a session  
or to find out how you can become a Reiki practitioner!

**All sessions are one hour – at your place or mine (travel fees may apply)**

Book 1 session	\$60
Book 2 sessions	\$100
Book 3 sessions	\$150

[www.betsyschwartz.com](http://www.betsyschwartz.com)

(352) 228-1022

Reiki is used with any and all medical interventions and treatments you may be receiving, and is not meant as a replacement.